

HEALTH & WELLBEING BOARD

Subject Heading:

Update on development of Havering Healthy Weight Strategy: Everybody's Business

Board Lead:

Mark Ansell, Director of Public Health

Report Author and contact details:

Jack Davies, Public Health Specialist

The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

<input checked="" type="checkbox"/>	<p>The wider determinants of health</p> <ul style="list-style-type: none"> • Increase employment of people with health problems or disabilities • Develop the Council and NHS Trusts as anchor institutions that consciously seek to maximise the health and wellbeing benefit to residents of everything they do. • Prevent homelessness and minimise the harm caused to those affected, particularly rough sleepers and consequent impacts on the health and social care system. 										
<input checked="" type="checkbox"/>	<p>Lifestyles and behaviours</p> <ul style="list-style-type: none"> • The prevention of obesity • Further reduce the prevalence of smoking across the borough and particularly in disadvantaged communities and by vulnerable groups • Strengthen early years providers, schools and colleges as health improving settings 										
<input checked="" type="checkbox"/>	<p>The communities and places we live in</p> <ul style="list-style-type: none"> • Realising the benefits of regeneration for the health of local residents and the health and social care services available to them • Targeted multidisciplinary working with people who, because of their life experiences, currently make frequent contact with a range of statutory services that are unable to fully resolve their underlying problem. 										
<input checked="" type="checkbox"/>	<p>Local health and social care services</p> <ul style="list-style-type: none"> • Development of integrated health, housing and social care services at locality level. 										
<input type="checkbox"/>	<p>BHR Integrated Care Partnership Board Transformation Board</p> <table border="0"> <tr> <td>• Older people and frailty and end of life</td><td>Cancer</td></tr> <tr> <td>• Long term conditions</td><td>Primary Care</td></tr> <tr> <td>• Children and young people</td><td>Accident and Emergency Delivery Board</td></tr> <tr> <td>• Mental health</td><td>Transforming Care Programme Board</td></tr> <tr> <td>• Planned Care</td><td></td></tr> </table>	• Older people and frailty and end of life	Cancer	• Long term conditions	Primary Care	• Children and young people	Accident and Emergency Delivery Board	• Mental health	Transforming Care Programme Board	• Planned Care	
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• Planned Care											

SUMMARY

A presentation will be received by the Board that summarises what is known about obesity in Havering, the steps taken so far in developing a new healthy weight strategy, the proposed strategic approach, and a plan for consultation.

RECOMMENDATIONS

Members of the Health and Wellbeing Board are asked to consider the presentation content, and discuss the proposed strategic approach and consultation plan, and

1. suggest any amendments to the strategy approach
2. agree that Chair's action may be taken to commence formal consultation on the draft Healthy Weight Strategy
3. agree that a final draft Healthy Weight Strategy that takes into account consultation responses be received by the Health and Wellbeing Board for agreement in October

REPORT DETAIL

A refresh of the 2016-2019 Havering Obesity Strategy was delayed due to the demands of the Covid-19 pandemic response. A new strategy is now being drafted; taking a whole system approach, as recommended by national research.

A presentation will be received by the Health and Wellbeing Board that sets out

- what is known about obesity
- the work that has been done to develop a new strategy for Havering, including
 - delivery of two healthy weight summits to understand the factors that contribute to overweight and obesity in the borough, develop a vision, and consider actions for addressing the issue
- the proposed approach for a new strategy, including
 - the vision for achieving healthy weight in the local population
 - principles
 - aims
 - objectives
 - measurements of success
- timeline for consultation

IMPLICATIONS AND RISKS

No specific implications and risks are identified as a result of agreeing the local strategic approach. Any decisions relating to the implementation of the Havering Healthy Weight Strategy will be subject to the relevant governance arrangements of the individual agencies participating in the Health and Wellbeing Board.



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BACKGROUND PAPERS
None